February 2024 Portsmouth SIDVAIC CUITGES



Fletcher Fitness Center

Building 301 Programs & Events are FREE to all authorized patrons More info call: 207-438-4261 Mon-Fri, 5 a.m. - 8 p.m. Sat & Sun, 8 a.m. - 4 p.m. *Hours are subject to change

Bodyweight Bench Press Competition Month of February

Complete as many repetitions as possible in 1 set with bodyweight. The person with the most reps wins. The names of the participants Legoland Discovery Center will be put on the big board in winning order in the Fitness Center.

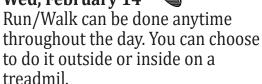
Basketball 3 Point Shooting Contest

Wed, February 21 5 pm

Base Gym (Bldg. 173)

Each participant gets 25 shots around the 3 point line (5 racks of 5 balls). Every shot made is worth 1 point, except the last ball in each rack is worth 2 (money ball). The top 3 players will advance to the second round. They will repeat the same format and the most points scored in the second (and final) round will win the 3 point contest.

Valentines Day 3 Mile Fun Run/Walk Wed, February 14





Building 22

More info call: 207-438-2713

Operational Hours:

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m. *On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Winter Tickets Available

New England Aquarium \$17 Simons Theatre NE Aquarium \$6 Museum of Science \$15 OMNI Theater at MOS \$4 Planetarium at MOS \$4 (date & time specific) \$22

Ice Castles



Monday, February 19 (President's Day)

\$50 includes admission and van transportation or \$34 to meet us there Back by popular demand, this year's Ice Castles brings fairy tales to life in North Woodstock. NH. Let your imagination run wild as you explore caverns and tunnels made entirely from ice. Race down an ice-carved slide. enjoy hot cocoa under the caverns and next to a wishing well. We depart PNSY at 2 PM for Lincoln, NH, stop for a quick bite (dinner cost not included) and at 5 PM we arrive at the Ice Castles. We leave North Woodstock at 7 PM and return back by 9 PM.

The movies play in the Shipyard Auditorium, Building 22.

Friday Movies at 6 p.m.

February 2 - Oppenheimer (R) February 9 - Killers of Flower Moon (R)

February 16 - My Big Fat Greek Wedding 3 (PG13)

February 23 - A Haunting in Venice (PG13)

Saturday Movies at 2 p.m.

February 3 - PAW Patrol: The Mighty Movie (PG)

February 10 - Remember the Titans (PG)

February 17 - Glory Road (PG) February 24 - The Hill (PG)

Updates or changes to movies that will be playing this month visit:

www.facebook.com/pnsyffr

Recreation Equipment Rental

Building H10 More info call: 207-438-1514 Operational Hours: Mon-Fri, 8:00 a.m. - 3:30 p.m.

Boston Red Sox Tickets

Red Sox tickets will be on sale in March 2024.

We now have 4 tickets to every game in Grandstand 26 Row 5 Seats 13 to 16.

Stay Connected

Get updates right on your phone! Sign up for our texting program:

Text PNSYFUN to 888-697-6762

You can also download the NAVY MWR PNSY App! Available on both Apple Store and Google Play.



www.navylifePNSY.com