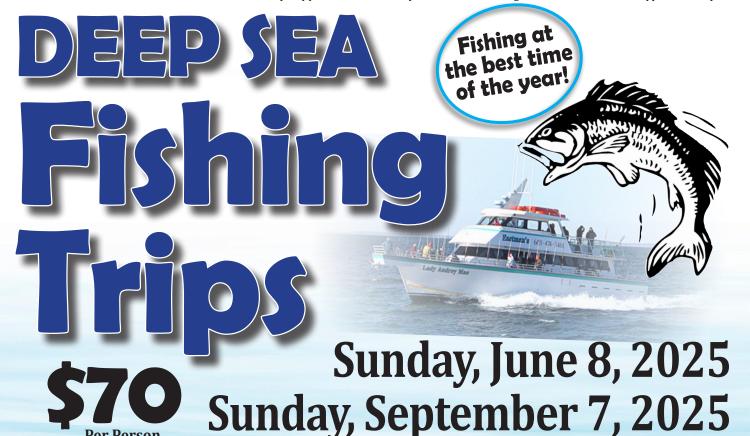
**May 2025** 

# Portsmouth Shippard Gurrents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine



\$8 to rent a rod on the boat if you don't bring one Boat leaves from the PNSY, Back Channel Marina at 8 a.m. and will return at 3:30 p.m.



Per Date

You'll fish from New England's most productive fishing grounds!

Pack a lunch & come enjoy a great full day of fishing.

You can bring your fish home whole or the boat staff will fillet it.

All people going on trips MUST come in to office and sign hold harmless papers.

For 12 years and older. No alcohol allowed.

For more information & to sign up visit ITT, Building 22 or call 207-438-2713



# Fletcher Fitness Center

Building 301 Programs & Events are FREE to all authorized patrons More info call: 207-438-4261 Mon-Fri, 5 a.m. - 8 p.m. Sat & Sun, 8 a.m. - 4 p.m. \*Hours are subject to change

# Monthly Challenge: 1.5 Mile Run

May fitness competition at the Fletcher Fitness center for the whole month. Can be done outside or on a treadmill. If this is completed on a Treadmill, Incline must be set to 1.0. Fastest time wins!

**Summer Softball** League

Deadline to sign up is May 5. The full season will run thru early Mackworth Island and September. Players can contact Kyle Maillet (x4661) with any questions. We play 3 scheduled games each day Mondays -Thursdays. The winner of the playoffs will be given a team plaque.

# **Disc Golf Tournament**

Friday, May 30 | 4 p.m. It is a perfect time of year to play in our Disc golf tournament. Disc golf is scored like traditional golf but it involves throwing a disc

from a tee off point to a target (a basket with chains). Players keep count of throws (or strokes); and just like golf the lowest number of strokes wins. Report to Fitness Center for Scorecards.

# www.navylifePNSY.com



# **Recreation Equipment** Rental

Building H10 More info call: 207-438-1514 Operational Hours: Mon-Fri, 8:00 a.m. - 3:30 p.m.

# **Red Sox Tickets Available**

Tickets are located in the Grandstand 26 Row 5 Seats 13 to 16. Prices go from \$37 to \$124 each depending on game.

# **Discount Tickets, Trips** & Tours at ITT

Building 22 More info call: 207-438-2713 **Operational Hours:** Mon-Thurs, 8 a.m. - 6 p.m. Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m. \*On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

# **Wolfe's Neck State Parks**

Friday, May 2 \$25 per person (includes transportation and state park admissions)

Mackworth Island in Falmouth, ME, is a hidden gem. Finding a parking spot is like playing the lottery, but you don't have to worry about driving or parking so this trip is perfect. The trail on the island has beautiful water views of Casco Bay. There are fairy houses, benches for resting, and wonderful photo opportunities. We'll stop in Freeport so you can purchase lunch to go (or pack your own) before we head to Wolfe's Neck State Park where we'll see more waterviews as well as at least two osprey nests. Both of these hikes are rated easy and family friendly. We depart the Shipyard at 9 am and return by 4 pm. You will have the option to be picked up on the Shipyard or the Kittery Park and Ride.

# **Acadia National Park Trip**

Sunday, May 25 (Memorial Day Weekend) \$40 includes admissions and transportation.

Spend part of your holiday weekend with us. As New England's only national park, Acadia is a must see. You won't see it all but you'll enjoy amazing places all in one day. Leave the driving and reservations to us. We leave the shipyard at 7 am and wonder at Acadia National Park's Thunder Hole for 11 am. After a brief stop at Otter's Point, enjoy lunch (on your own) and a hike at Jordan's Pond. Our last stop is Cadillac Mountain. We leave Acadia at 4 pm, have dinner in Bangor and back by 9 pm.

#### Free Movies

Free movies play in the Shipyard Auditorium, Building 22.

#### Friday Movies are at 6 p.m

May 2 - A Complete Unknown (R) May 9 - September 5 (R)

May 16 - Den of Thieves 2:

Pantera (R)

May 23 - Zero Dark Thirty (R)

May 30 - Nosferatu (R)

#### Saturday Movies are at 2 p.m.

May 3 - Sonic the Hedgehog 3 (PG) May 10 - A League of Their

Own (PG)

May 17 - Mufasa: The Lion

King (PG)

May 24 - Captain Philips (PG13)

May 31 - NO MOVIE

To find a full list of movies that will be playing this month visit our FB page: www.facebook.com/pnsyffr

