

Easy Access to...

RECREATION

Auto Skills Center, Building 320 207-438-2981

The center focuses on do-it yourself repairs. Use one of the bays to fix your vehicle, tools and guidance is always available while working on your vehicle. The Auto Skills Center does Maine state inspections. The center keeps a stock of supplies you may need for your vehicle and they can order discounted parts for you, usually available within 24 hours. You may also order parts for your boat at the center.

Bowling Center, Building 308 207-438-2404

Join a league, plan a party for your command, schedule a birthday party... bowling is fun with the new BES X scoring system! Cosmic bowling and bowling leagues welcome all shipyard families. The Bowling Center is home for the Atomic Bar & Grill offering snacks and lunch and dinner specials.

Fletcher Fitness Center, Building 301 Gymnasium, Building 173 207-438-4261 Intramural Sports, Building 301 207-438-4261

The Fletcher Fitness Center offers a wide variety of free weights, weight machines, classes and cardiovascular fitness equipment complete with cardio theater. The center houses a racquetball court and aerobics room and the basketball court is in the gym. Free activities at the center include classes, racquetball, competitive fitness programs, body composition testing and incentive programs. The staff trainers are professionally certified and strong fitness advocates who can advise you on a personal fitness program.

Center membership is free for all military and DoD. DoD family members and contractors and their family members may purchase memberships.

The Intramural Sports Program will be conducted for all NAVSHIPYD commands and tenant activities, consisting of competition programs in basketball, racquetball, fun runs, soccer, golf, tennis, softball (SLOW pitch), bowling, volleyball, and flag/touch football. These programs are offered consistent with the interest and availability of personnel.

Gear Rental, Building H10 207-438-1514

Enjoy the outdoors in all seasons. Kayaks, canoes, stand up paddle boards, boats with motors and a variety of camping equipment are available spring through fall. Tables and chairs, coolers and many other items are available for your backyard party, including a choice of inflatable bounce houses.

Gear Rental has everything needed to hit the slopes! Snowboards, downhill and cross country skis, ski tuning for those who have their skis and discount lift tickets for area mountains. Rent by the day, weekend or week.

Information, Tickets & Travel (ITT) & Tour Program, Building 22 207-438-2713/3001

ITT offers discounted tickets for area theater performances, movie tickets, concerts, sporting events, seasonal tickets for area summer parks and winter adventures.

Discounted tickets to the Museum of Science and New England Aquarium in Boston are available and offers discount transportation tickets for Logan Airport/South Station, Boston.

ITT stocks hopper passes for theme parks and will order tickets for Disney, Seaworld, Universal and Busch Gardens on your individual request. These theme parks offer incredible savings for the military and discount their passes for DOD. ITT offers an "eticket" program where tickets can be ordered for many theme parks in the US.

ITT is an excellent resource for information about MWR programs and for local activities.

The Tour Program organizes trips for all PNSY families, and all active duty armed forces and Coast Guard families. Most trips have transportation provided to a specific event or participants have the option to explore the destination themselves. Some trips provided are "Drive on your own" where the destination has been reserved by MWR. The Tour Program plans a variety of trips: cultural, spectator, tourism and experiential.

Jamaica Island, 207-438-1514

Reserve Jamaica Island for the perfect waterfront party. Three size pavilions are available with picnic tables and the large pavilion has a built in counter. You can reserve an individual pavilion or the whole island! There is a playground area and portable toilets at Jamaica Island.

Marinas, 207-438-1280

MWR maintains two marina facilities. The Sound Basin Marina has 70 slips and 62 deep water moorings. The Back Channel Marina has 68 slips and 18 deep water moorings. Both marinas offer a transient pier, pierside water and electricity.

Recreation Center, Building 22 207-438-2713/2769

The center offers 10 computers with internet, TV with video games, comfortable seating area, pool table, large flat screen plasma TV, reading room and a mini movie theater with 16 comfortable recliners. The Recreation Center is open every day.

MWR features free movies in the Shipyard Auditorium, Building 22, every Friday and Saturday night.

Wood Hobby Shop, Building H10 207-438-1820

Services include wood milling, custom woodcutting and turning, assembly of furniture, bikes, children's toys, plus individual and group instruction. Working on individual projects are encouraged anytime the shop is open. Expert advice and the best equipment are available for your use.

CHILD & YOUTH PROGRAMS

Child Development Center (CDC), Building 342 & R83 Child Development Home (CDH), Building H10 207-438-2083

The Child Development Center provides high quality developmentally appropriate curriculum for children six weeks to five years old. An age appropriate educational and physical curriculum is offered by a highly qualified staff. The staff has background checks and receives regular training according to Navy standards.

Full-time care is available for family members of active duty military, DoD and contractors, as space is available.

The CDH program offers high quality home-based care for children by Navy certified childcare providers. Care is provided full or part-time, hourly, overnight, mildly ill and those with special needs.

School Liaison Office, Building H10 207-438-2466

The School Liaison Officer specializes in serving military families with assistance with inbound/outbound school transfers, information on local schools and the special education process, and many other concerns in choosing the right school.

Youth Center Boys & Girls Club, Building H10 207-438-2114/2703 207-438-1503 (Clubhouse)

The center provides supervised care for children kindergarten through age 14. Care is offered before and after school, summer and school vacations. Adolescents and older teens are offered age appropriate programs to learn life skills, the arts, fitness and creativity.

Call Gear Rental to reserve boats, inflatables, and ski packages. There is a high demand for equipment on the weekends.



Child & Youth Program offers an impressive variety of family programs: the Back To School Bash, an Annual Halloween Celebration, and their signature event to celebrate the Month of the Military Child every April, 'Passports to the World'

MWR maintains two marina facilities at Portsmouth Naval Shipyard, Sound Basin and the Back Channel. Rental slips and moorings are available by the season to active duty, retired military and employees of the shipyard.



ITT, inside the Recreation Center, is open seven days a week. Visit the center to get discounted tickets and find out more about all MWR programs.

MWR collaborates with the Kittery Community Center on many programs throughout the year such as, summer concerts, family programs, and the annual 'Dog Daze' event.



through the Boys and Girls Club, Power Hour, Torch Club, Job Ready and Image Makers Photography program. Care is available for children of active duty, DoD and contractors.

LODGING

Great Pond in Great Pond, ME 207-584-2000

This 375-acre reservation boasts excellent fishing, hiking, canoe and kayaking as well as magnificent scenic vistas. Reserve a cabin, yurt, RV campsite or campsite. Enjoy the Recreation Hall and rent from a large selection of outdoor equipment.



Gull Cottage in Prospect Harbor, ME 207-584-2000

Hidden in a picturesque fishing village is one of the Navy's premier MWR assets, the Gull Cottage and lighthouse. The historical cottage comes fully furnished and is available to rent year round.



DINING

Atomic Bar & Grill, Building 308 207-438-2404

Take advantage of the daily specials, subs and sandwiches from the grill, a large selection of side orders, salads and ice cream. There's a good selection of bottled or tap beer. Eat in or take out.

Café 153, Building 153 207-438-5114

Café 153 in bldg.153 offers breakfast pastries, muffins and a variety of sandwiches and salads for lunch. Lasagna, meatball subs and beef stew, are just a few of the daily specials.

Dockside Café, Building 174, CIA 207-438-1886

For breakfast it's pastries, breakfast sandwiches, and muffins. For lunch enjoy soups, chowders, chili, pizza, hot sandwiches, salad bar and a large variety of cold subs. Tasty home-made desserts are served everyday too!

Tirante Tavern Restaurant & Bar, Building 22 Upstairs 207-438-2269/4666

Enjoy muffins and breakfast sandwiches cooked to order to start your day. The restaurant offers a hot daily special for lunch along with a regular menu for sandwiches, soups, pizza, salads and desserts. Tirante Tavern creates custom menus for catering for private events large or small.

The Tirante Bar offers the best beverage prices, great selection, and the perfect atmosphere.