December 2023

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

Portsmouth

American Forces Travel

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American Forces Travel is the official leisure travel website for Morale, Welfare and Recreation (MWR). www.americanforcestravel.com



Fletcher Fitness Center Discount Tickets, Trips Free Movies **Building 306**

Programs & Events are FREE to all authorized patrons More info call: 207-438-4261 Mon-Fri, 5 a.m. - 8 p.m. Sat & Sun, 8 a.m. - 4 p.m. *Hours are subject to change

Raquetball Winter League

Sign up by Monday, December 4

Sharpen your hand eye co-ordination, get a great workout, and join our fun, competitive racquetball league. The games will begin December 12. The tournament bracket will be set after the sign-up deadline.

Farmers Hold & Deadlift Competition

Month of December

The competition entails: 1. Load the Trap-Bar with your bodyweight.

2. Do three repetitions of a deadlift.

3. Hold the weight in the standing Hanukkah Celebration in 1919, position.

All participants will receive a free prepare for a Victorian Christmas t-shirt.

Stav Connected

Get updates right on your phone! Sign up for our texting program:

Text PNSYFUN to 888-697-6762

You can also download the NAVY MWR PNSY App! Available on both Apple Store and Google Play. Tickets located in Epping, NH.



& Tours at ITT

Building 22

More info call: 207-438-2713 **Operational Hours:**

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m. *On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Candlelight Stroll at Strawbery Banke



Saturday, December 16

\$35 includes van transportation OR \$22 to meet there. This event always sells out and promises to make your season brighter. Watch Ice Dance International's Currier and Ives Vintage Skaters, stroll the grove of holiday trees, and enjoy the old fashioned holiday shopping at Pickwick's at the Banke. The historic houses are open for touring this year. Meet the Shapiro family as they prepare for a the Goodrich family as they and the Abbots who await news of their soldier fighting in Europe in the Second World War. This is an all-weather event. For those coming in the van, we leave at 4 p.m. in time to see the lights.

O'Neil Cinema Tickets

ITT now has O'Neil Cinema VIP Select Tickets for \$8 each They are not valid for the first two weeks of new released movies, 3D movies or D-Box seats.

The movies play

in the Shipyard



Friday Movies at 6 p.m.

- Dec 1 This Christmas (PG13) Dec 8 - Surviving Christmas (PG13) Dec 15 - Polar Express (G) Dec 22 - It's a Wonderful Life (PG)
- Dec 29 Jack Frost (PG)

Saturdav Movies at 2 p.m.

Dec 2 - The Nightmare

- Before Christmas (PG)
- Dec 9 Home Alone (PG)
- Dec 16 The Grinch 2018 (PG)
- Dec 23 Miracle on 34th Street 1994 (PG)
- Dec 30 The Muppet Christmas Carol 1992 (G)

Updates or changes to movies that will be playing this month visit our facebook page at www.facebook.com/pnsyffr

Recreation Equipment Rental

Building H10 More info call: 207-438-1514 Mon-Fri, 8:30 a.m. - 3 p.m.

Mark Your Calendar: Sunday River Ski Trip February 8 - 11, 2024 More info to come!



The Wood Hobby Shop's OPEN HOUSE Making Gifts for the Holidays

Friday, December 1 | 4-8 p.m.

Come see what the MWR woodshop has to offer you. There will be displays, and demonstrations of practical holiday gifts. We will discuss and demonstrate ornament making, cutting boards, toy and puzzle making, and much more. You do not need to be an expert to use the facilities. The knowledgeable and friendly staff are great at helping all levels of woodworkers (from beginners to experts) achieve.

Wood Hobby Shop is located in Building H10. For More information call 207-438-1820 Operational Hours: Tuesday & Thursday, 4 - 9 p.m. | Saturday, 9 a.m. - 1 p.m. www.navylifePNSY.com | www.facebook.com/pnsyffr