

May 2023

Portsmouth Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

Sign up Today!

TEXT
PNSYFUN
TO
888-697-6762

Get updates on:

- ▶ TRIPS
- ▶ SPORTS TICKETS
- ▶ FITNESS EVENTS
- ▶ MOVIES & more!



Fletcher Fitness Center

Building 306

Programs & Events are FREE
to all authorized patrons

More info call: 207-438-4261

Mon-Fri, 5 a.m. - 8 p.m.

Sat & Sun, 8 a.m. - 4 p.m.

*Hours are subject to change

Monthly Challenge:

1.5 Mile Run



May fitness competition at the Fletcher Fitness center for the whole month. Can be done outside or on a treadmill. If this is completed on a Treadmill, Incline must be set to 1.0. Fastest time wins a prize.

Cinco De Mayo Fun Run

Friday, May 5 | 11:30 a.m.

Join us for a 3 mile fun run/walk! It can be done outside or on Treadmill. Group run will meet at Fitness Center at 11:30 a.m. on Friday, May 5. You can also run anytime throughout the day on the treadmill or outside by honor system. Best time for the 3 mile run wins a prize.

Flag Football Tournament



Single Elimination

Deadline to sign up is May 1. Tournament will run from May 8 to May 26. This will be a 7 on 7 tournament. 1st place will receive Championship medals.

Summer Softball League



Deadline to sign up is May 1. This will run May through August. You will need to supply your own equipment. 1st place will receive championship plaque.

Discount Tickets, Trips & Tours at ITT

Building 22

More info call: 207-438-2713

Operational Hours:

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m.

*On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

IKEA Shopping Day

Friday, May 12

\$20

Mother's Day Weekend

- Make it a fun day with Mom or find her something special. This trip is great for first timers or for people wanting to avoid delivery charges. IKEA is an internationally known home furnishing retailer with many affordable Scandinavian style items. IKEA is next to Costco and Jordan's so there is something for everyone. Leaving at 8:30 am from PNSY, Arriving at IKEA in Stoughton, MA at 10 am for shopping around the area. Lunch is on your own and available there. We will leave at 2:30 pm to return to PNSY by 4 pm. Please note there is limited van transportation but will allow for more cargo space when returning back.



The Butterfly Place & Yankee Candle Village

Saturday, May 12

\$30 (Trip Includes:

Admission to
Butterfly Place &
Transportation)

OR \$10 to meet us there

We'll be leaving PNSY at 9 a.m., our first stop is Butterfly Place in Westford, MA then we'll head to Yankee Candle Village in South Deerfield, MA. Once there you can explore and shop. We'll leave at 4 p.m. to head back to PNSY for 6 p.m. There is limited seating so don't let this trip fly by.



Winnie the Pooh Hike

Friday, May 26

\$10 per person

"We didn't realize we were making memories. We just knew we were having fun." - Pooh

If you like short hikes and Winnie the Pooh, this is your trip! We leave at 9 a.m. for Barrington, NH to see the "houses" of Tigger, Christopher Robin, Rabbit and Owl. We'll leave a pinecone at Eeyore's to cheer him up when he gets back and may see some honey left for Pooh. We'll then stop at Calef's Country Store for lunch (on your own) and if time permits we'll visit the Christmas Dove across the street. We return by 2 p.m. ready for a long weekend.

Moxie & Moose

Saturday, July 8

\$30 for van

transportation &
park admission or

\$6 to meet us at park (Veterans
and Military are \$5 at gate)

The one and only Moxie Festival in the world. Moxie chugging, whoopie pie contest, a fireman's muster along with vendors and all things Moxie. If you haven't been, mark your calendars. And it's not Maine unless you've seen a moose. On our way to the festival we'll stop at the Maine Wildlife Park in Gray, ME and relax with a variety animals and birds from Maine. We leave the shipyard at 9 a.m. and after our moose visit, we'll lunch at the Moxie Festival and be back by 5 p.m.



Free Movies

Free movies play
in the Shipyard

Auditorium, Building 22.

Friday Movies are at 6 p.m. and Saturday Movies are at 2 p.m. To find a full list of movies that will be playing this month visit our FB page: www.facebook.com/pnsyffr



Machine Woodworking Fundamentals I

**Workshop schedule: Friday Evenings
Starting May 12, 19 & June 2, 9
Class will run from 5 to 7 p.m.**

**Minimum age is 15 years old.
Minors will need a parent or guardian to
accompany them (parents and guardians
do not need to take the class).**

**Fees:
Military or Dependents \$40.00 each
DoD civilian \$60.00 each
Materials are included
Tools & PPE will be provided for use
during shop time.**

**Deadline to sign up for this workshop is May 9
and is on a first come first served basis.
Your place in this workshop is only confirmed
after payment is received.**

**Workshop Instructors: Mark DeVeber and
Craig Steidle
For more details and to reserve a spot contact
the instructor at
mark.shipyardwoodcrafters@gmail.com**



The objective of this workshop is to introduce the participant to using machines for woodworking in a safe and efficient manner. It is geared for the hobbyist with limited to no experience in woodworking, and is interested in learning. In this class you will be taught how to properly use the bandsaw, drill press, compound miter saw, table saw, jointer, and thickness planer (other machines may be added as time permits). With knowledge of these primary machines you will be able plan out and start creating projects made from wood.

This workshop will be taught over the course of 4 sessions, and will consist of lectures, demonstrations, and practical work. Class size is limited to 10 participants to maximize instruction with the students. Fees paid include use of the shop throughout the workshop during normal operating times so you will be able to start creating as you learn.