

November 2023

Portsmouth Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

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Fletcher Fitness Center

Building 301

Programs & Events are FREE

to all authorized patrons

More info call: 207-438-4261

Mon-Fri, 5 a.m. - 8 p.m.

Sat & Sun, 8 a.m. - 4 p.m.

*Hours are subject to change

Ski Erg Challenge

Month of November

Come into the Fletcher

Fitness Center any time during the month of November. Fastest time to reach 2000 meters, wins!



Wallyball Tournament

Deadline to Sign up: Nov 6

Tournament: Nov 13 - Dec 1

Sign up and challenge other Commands in this fun but competitive game. We will play a 3 on 3 round robin tournament (depending on interest). Wallyball roots go back to as early as 1972 when the game was originally called Deckerball. In Kansas, IL, a high school physical education teacher and a couple of his students, including Mark Decker, sat down to create a game that combined several skills from handball, tennis, and volleyball, and they arrived at the game that was called Deckerball (after Mark Decker). It is very similar and is really the predecessor to the game known today as Wallyball.

3 Mile Turkey Trot

Thursday, November 16

11:30 a.m.

Join us for a 3 mile fun run/walk! It can be done outside or on Treadmill. Group run will meet at Fitness Center at 11:30 a.m. on Thursday, November 16. You can also run anytime throughout the day on the treadmill or outside by honor system. Best time for the 3 mile run wins a prize.



Discount Tickets, Trips & Tours at ITT

Building 22

More info call: 207-438-2713

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m.

*On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Candlelight Stroll Under the Stars

Saturday, December 16

\$35 (includes van transportation) OR

\$22 meet us there

Strawbery Banke Museum in Portsmouth brings you back in time and is one of the Seacoast's hidden gems. This event always sells out and promises to make your season brighter. Watch Ice Dance International's Currier and Ives Vintage Skaters, stroll the grove of holiday trees, and enjoy the old fashioned holiday shopping at Pickwick's at the Banke. The historic houses are open for touring. Meet the Shapiro family as they prepare for a Hanukkah Celebration in 1919, the Goodwin family as they prepare for a Victorian Christmas, and the Rider-Wood family as they celebrate the recent marriage of Mary Rider's niece Betsy. This is an all-weather event. For those coming in the van, we leave at 4 p.m. in time to see the lights or meet us at 5pm.

Free Movies

Free movies play in the Shipyard Auditorium, Building 22.

Friday Movies are at 6 p.m. and

Saturday Movies are at 2 p.m.

To find a full list of movies visit:

www.facebook.com/pnsyffr

Visit our site by scanning the QR Code:



Recreation Equipment Rental

Building H10

More info call: 207-438-1514

Mon-Fri, 8:30 a.m. - 3 p.m.

Mark Your Calendar: Sunday River Ski Trip

February 8 - 11, 2024

More info to come!



Wood Hobby Shop

Building H10

More info call: 207-438-1820

Tues & Thurs, 4 - 9 p.m.

Sat, 9 a.m. to 1 p.m.

Whether you are experienced or never tried any woodworking, this is the place to go! Come meet the staff and see what amazing things you can make.

Auto Hobby Shop

Behind Building H10

More info call: 207-438-2981

Tues, Wed, & Sat, 8 a.m. - 4 p.m.

Thurs & Fri, 8 a.m. - 8 p.m.

Fall Car Maintenance

Clean out the inside of your car with the FREE vacuum out front. Then top it off with filling up the tires with the FREE air hose. You're car will be all ready for the colder weather!

Auto Hobby Shop has 6 bays -

5 Two Post Lifts &

a motorcycle/ATV lift

First Come, First Serve. We have

tools for just about ANY job!

\$5.00/hr Wash Bay

(Power Washer Available)

\$6.00/hr To Rent a Bay with a Lift

(We supply the tools!)

\$5.00 Tire Machine

(Unlimited Use)

\$5.00 Tire Balancer

(\$5.00 Per Tire - Weights Included)

FREE Vacuum Out Front

FREE Air Hose Out Front